

Universidade de Lisboa
Faculdade de Medicina Dentária



**Effect of Chlorhexidine Loading on the Microhardness
of Acrylic Reline Resins after Thermal Ageing**

Daniel Rodrigues Pedro

Dissertação

Mestrado Integrado em Medicina Dentária

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Dissertação orientada pela Professora Doutora Cristina Bettencourt Neves
co-orientada pelo Professor Doutor Jaime de Almeida Portugal

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Resumo

A progressiva reabsorção do osso alveolar após perda dentária tem como consequência a desadaptação de próteses dentárias removíveis. Nestas situações, de forma a recuperar a retenção, a estabilidade e a distribuição equitativa de forças pelos tecidos de suporte, as próteses devem ser alvo de um rebasamento. Este procedimento é realizado com resinas acrílicas autopolimerizáveis em meio clínico (rebasamento direto) ou em meio laboratorial (rebasamento indireto). Apesar das vantagens, estes materiais apresentam também desvantagens, como o odor desagradável, alterações de coloração, porosidade e fácil degradação, contribuindo para uma irritação química da mucosa oral e, consequentemente, para o aumento da suscetibilidade à colonização microbiana. A estomatite protética ou candidíase atrófica crônica é uma patologia frequentemente presente em indivíduos portadores de próteses removíveis. Não obstante a sua natureza multifatorial, apresenta a infecção por espécies de *Candida*, principalmente *Candida albicans*, como o seu principal fator etiológico. O trauma, a presença de biofilme, o uso ininterrupto de prótese, a xerostomia e as alterações do pH salivar, são outros fatores coadjuvantes e precipitantes. Os polímeros das resinas acrílicas das bases das próteses apresentam-se, à semelhança de células hospedeiras do indivíduo, como local de colonização da *Candida albicans*, constituindo esta, um fator primordial e necessário no desenvolvimento do processo patológico. Posto isto, constata-se que o desenrolar do processo infeccioso é influenciado pelos materiais das bases das próteses, já que estes constituem um meio adequado à adesão de biofilmes.

O tratamento farmacológico desta condição da cavidade oral apresenta-se, por vezes, ineficaz, dadas as condicionantes existentes como a dificuldade de aplicação da dose correta do fármaco no local da lesão, bem como a dificuldade da sua manutenção na cavidade oral durante o tempo necessário para que o seu potencial terapêutico máximo seja atingido e o seu efeito prevaleça.

Na tentativa de contornar as problemáticas acima explicitadas, têm vindo a desenvolver-se outros mecanismos de aplicação dos agentes terapêuticos mencionados. De entre estes mecanismos destaca-se a incorporação de agentes antimicrobianos em dispositivos médicos, como prótese dentárias. A esta forma de apresentação tem vindo a ser associado um potencial efeito na prevenção da aderência de microrganismos, daqui resultando uma interferência importante no mecanismo fulcral da infecção. Além desta vantagem, os

mesmos dispositivos, ao permitirem a libertação do agente terapêutico no local da infecção, possibilitam a diminuição dos riscos de utilização de doses subterapêuticas ou de doses que conduzam a uma toxicidade sistêmica, para além de potencialmente inibirem a manutenção do biofilme.

A clorexidina (CHX) apresenta-se como um agente antimicrobiano de largo espectro, com ação bactericida e bacteriostática, sendo prescrita desde há vários anos em larga escala na prática da medicina dentária. A incorporação da mesma em resinas acrílicas tem obtido resultados eficazes na diminuição da capacidade da *Candida albicans* aderir às células epiteliais da cavidade oral, sendo que é libertada com uma taxa de eluição inicial de valor elevado, havendo um processo de libertação controlada subsequente, estendendo-se até aos 28 dias de duração dos estudos existentes.

Contudo sabe-se que esta quantidade de CHX tem influência negativa sobre a microdureza das resinas acrílicas nas quais é incorporada, diminuindo o seu valor. No entanto, a literatura carece ainda de estudos que avaliem as alterações físicas e de superfície provocadas nas resinas acrílicas aquando da sua incorporação com clorexidina e submetida a processos de envelhecimento e biodegradação. Esta biodegradação, presente em todas as resinas de rebasamento, pode ter origem em alterações térmicas ocorridas durante a alimentação ou respiração. Muitas vezes extremas, estas alterações térmicas modificam não só a estrutura da resina, mas também as características da sua superfície. Desta forma, apenas com a introdução de fatores que simulem as características inerentes ao ambiente da cavidade oral é possível obter conclusões comparáveis com a realidade clínica e do paciente.

Assim, o objetivo deste estudo foi avaliar os valores de microdureza das resinas de rebasamento incorporadas com CHX, em várias concentrações e após envelhecimento térmico.

Para o devido efeito foram estudadas três resinas acrílicas de rebasamento, sendo duas delas diretas, Kooliner e Ufi Gel Hard, e uma indireta, Probase Cold.

Prepararam-se oito espécimes (64x10x3,3 mm), por grupo de cada uma das resinas, recorrendo a moldes retangulares de aço inoxidável, tendo-se constituído um grupo de controlo, sem incorporação de CHX (0%). Foram constituídos grupos com 1%, 2,5%, 5% e 7,5% de CHX incorporada na resina Kooliner, 1%, 2,5% e 5%, 7,5% e 10% de CHX incorporada na resina Ufi Gel Hard e 1%, 2,5% e 5% de CHX incorporada na resina Probase Cold. A concentração de CHX foi calculada relativamente à massa do pó de cada material. Todos os espécimes foram submetidos a envelhecimento térmico com recurso

a uma termocicladora com imersão alternada em banhos de $5\pm 2^{\circ}\text{C}$ e $55\pm 2^{\circ}\text{C}$, até perfazer um total de 1000 ciclos.

Os resultados da microdureza obtiveram-se recorrendo ao teste de microdureza de Knoop, tendo cada teste a duração de 30 segundos com uma força aplicada de 98 mN. Foram realizadas 12 medições por espécime e, dos valores obtidos, foi calculada a média dos valores de microdureza de cada espécime.

Foi realizada a análise descritiva dos valores de microdureza, tendo sido determinados os valores de média, mediana, desvio padrão, máximo e mínimo e o intervalo interquartil.

Não apresentando os dados uma distribuição normal para as variáveis em estudo (verificação feita através de testes Shapiro-Wilk), os resultados foram submetidos a testes não-paramétricos de acordo com o método de Kruskal-Wallis, seguindo-se comparações múltiplas utilizando testes Mann-Whitney, com correcções de Bonferroni, para determinar se existiam diferenças específicas significativas entre grupos de concentrações de CHX. O valor de significância de 5% foi a referência em todos os testes estatísticos realizados. Os dados foram analisados com recurso ao software SPSS Statistics (SPSS Inc., Chicago, IL, USA).

Relativamente ao efeito da incorporação de diferentes concentrações de CHX na microdureza, para os espécimes de Kooliner não se obtiveram diferenças estatisticamente significativas entre grupos. No que diz respeito aos espécimes de Ufi Gel Hard, obtiveram-se valores diferentes entre grupos. O grupo de 2,5% de CHX teve valores mais elevados em comparação com o de 0% e 7,5% de CHX. Já para o material Probase Cold, não existiram diferenças estatisticamente significativas entre nenhum dos grupos.

O presente estudo permite perceber que as várias concentrações de CHX incorporadas, não prejudicam as propriedades mecânicas destes materiais, podendo a incorporação do referido fármaco constituir um eventual fator de melhoria dessas mesmas propriedades, quando em determinadas concentrações.

No presente afiguram-se necessários estudos que permitam determinar o grau de conversão das resinas acrílicas e quantificar a quantidade de monómero residual. São necessários também, estudos microbiológicos e de citotoxicidade com CHX. É também de extrema importância ter em conta que o processo de biodegradação das resinas de rebasamento não ocorre apenas devido a envelhecimento térmico na cavidade oral, pelo que a realização de estudos que incluam outras potenciais fontes de biodegradação são igualmente fundamentais, bem como a execução de estudos de microscopia eletrónica de varredura e de transmissão, com o intuito de aferir as alterações que ocorrem na rede

Resumo

polimérica das resinas, aquando da inclusão de fármacos nas mesmas. Tudo isto se coloca na perspetiva de que, cruzando-se os resultados dos estudos mencionados com os conhecimentos já adquiridos, poder-se-iam conduzir investigações clínicas, isto tendo em vista que próteses removíveis com propriedades antimicrobianas constituiriam seguramente uma grande melhoria na saúde oral dos pacientes portadores das mesmas.

Palavras-chave: resinas acrílicas; Incorporação de fármacos; Clorexidina; Microdureza

Abstract

Objectives: The purpose of this study was to evaluate the effect of chlorhexidine (CHX) loading on the microhardness of three acrylic relines resins, Kooliner, Ufi Gel Hard and Probase Cold after a thermal ageing process.

Methods: For Kooliner reline resin, five CHX concentrations were studied, 1%, 2.5%, 5% and 7.5%. For Ufi Gel Hard, 1%, 2.5%, 5%, 7.5% and 10% CHX groups were introduced while Probase Cold only had 1%, 2.5%, 5% CHX concentrations. Control groups (0% CHX) were included in all materials. During the ageing procedure, 8 specimens per group of CHX concentration, with 64x10x3.3mm, were aged using a thermocycling machine, completing 1000 cycles of thermal fluctuations between 5°C and 55°C. Finally, all specimens were tested for Knoop hardness (30 sec, 98 mN) as 12 measurements were made in each specimen. Data was submitted to nonparametric tests according to the Kruskal-Wallis method followed by multiple comparisons using Mann-Whitney tests with Bonferroni corrections, being considered the 5% level of significance ($\alpha=0.05$).

Results: Loading Kooliner and Probase Cold resins with CHX showed no effect on microhardness ($p>0.05$), after submitted to thermal ageing process. The microhardness of Ufi Gel Hard resin was influenced ($p<0.05$) by the concentration of CHX. Ufi Gel Hard 2,5% CHX group presented higher microhardness ($p<0.05$) when comparing to control, after submitted to thermal ageing.

Conclusions: There is no decrease in microhardness of acrylic relines resins loaded with different concentrations of CHX after thermal ageing.

Keywords: Acrylic resins; Drug loading; Chlorhexidine; Microhardness

1. Introduction

The increase of an elderly population leads to a greater risk of tooth loss (Harwood, 2008). Consequently, there is a subjacent need to replace the missing teeth. One valid treatment option is the use of partial or total removable dentures which will provide a way to replace function, facial and dental esthetic and general well-being (Gunjan Dhir *et al.*, 2007). Moreover, these removable appliances are simple to manufacture, versatile, allow modifications along time, have good mechanical properties (Gunjan Dhir *et al.*, 2007) and their maintenance require little effort for the patient and clinician, although needing periodic examinations (Tawse-Smith *et al.*, 2001).

Tooth loss results in a progressive alveolar bone resorption (Leles *et al.*, 2001). This process is continuous and progressive and will cause the maladaptation in local areas of the removable denture base and the continuous lack of stability and retention (Kranjcic *et al.*, 2013; Lyu, 2016). In turn, this increase in lack of stability of the removable dental prostheses causes more bone resorption (Tallgren, 2003). Therefore, it is very important to make a periodic exam to detect any changes in the adaptation of the denture to the underlying mucosa (Reis *et al.*, 2006).

In the mentioned situations, removable prostheses may be relined, improving their retention, stability and the masticatory load distribution that is transmitted to the underlying tissues (da Silva, *et al.*, 2014). The relining procedure can be carried out with autopolymerizing acrylic resins at the chairside in the dental clinic or as a laboratory procedure (Neppelenbroek *et al.*, 2006). However, these materials have some disadvantages, such as unpleasant odor, color alteration, and specially they are porous materials which facilitates oral degradation, contributing to chemical irritation of the oral mucosa and a higher susceptibility to microbial colonization (Gunjan Dhir *et al.*, 2007; Bettencourt, *et al.*, 2010; Alcântara *et al.*, 2012,).

This tendency for adherence of pathogenic microorganisms can be stronger due to acrylic resins' intrinsic porous nature and their surface deterioration, also derived from hygiene procedures and food and mastication manifestations (Brozek *et al.*, 2007,2008, 2011) and resulting on increased roughness and creation of irregularities. For these reasons it is know that denture bases may act as reservoirs of microorganisms, which in

turn may contribute to oral diseases (Wilson J., 1998; Lamfon *et al.*, 2005; Fernandes *et al.*, 2007; Casemiro *et al.*, 2008).

Denture induced stomatitis or chronic atrophic candidiasis is the most common infection affecting mostly the palatal mucosa, being highly prevalent in denture wearers and elderly people whose oral hygiene habits or immune system may be deficient (Moskona *et al.*, 1992; Reichart, 2000). This pathological entity is characterized by inflammation of oral tissues and despite its multifactorial nature, is characterized by the presence of a yeast biofilm, associated to the base of the prosthesis, being mainly constituted by *Candida* species, mainly *Candida albicans* (Monsenego, 2000; Nikawa *et al.*, 2003; Vanden *et al.*, 2008; Boscato *et al.*, 2009). Unfortunately, the pharmacological treatment of this condition in the oral cavity may be ineffective due to the difficulty in applying the correct dose of the drug in the target lesion, as well as completing the necessary time to achieve the maximum potential of the drug before it is removed.

Given these problems, there is a novel strategy in which dental materials, namely reline resins, can be carriers of antimicrobial agents (Batoni G. *et al.*, 2001; Etienne O. *et al.*, 2005; Hiraishi *et al.*, 2008; Redding *et al.*, 2009; Cao *et al.*, 2010; Acosta-Torres *et al.*, 2012; Cochis *et al.*, 2012; Marra *et al.*, 2012; Shinonaga *et al.*, 2012). Furthermore, with the use of these carriers, the effect of preventing the initial adhesion of microorganisms to the base of the denture is added, resulting in an important interference in the mechanism of infection. In addition, the same devices, allowing the release of the antimicrobial agent in the site of infection, lead to inhibition of biofilm formation and a diminishing of risks related to the use of subtherapeutic doses, occurrence of systemic toxicity

Chlorhexidine (CHX) has been studied regarding its use on resins (Wyre and Downes, 2000; Patel *et al.*, 2001; Salim *et al.*, 2012ab; Salim *et al.*, 2013a; Alaa Al-Haddad *et al.*, 2014; Martinna *et al.*, 2014). It is an antimicrobial agent, active against a large number of microorganisms, *Candida* being one of the most affected. It has been showed that once drugs like fluconazole and CHX are incorporated into polymethylmethacrylate, they retain their therapeutic dose for up to 28 days (Vanden *et al.*, 2008; Boscato *et al.*, 2009; Pusareti *et al.*, 2009; Cao *et al.*, 2010). CHX have shown to have great results both on releasing and microbiological tests (Lamfon *et al.*, 2004;

Amin *et al.*, 2009; Pusateri *et al.*, 2009; Redding *et al.*, 2009; Ryalat *et al.*, 2011; Salim *et al.*, 2012b; Salim *et al.*, 2013a,b).

When incorporated in acrylic resins, 10% (w/w) CHX concentration showed to be the most effective against *Candida albicans* (Amin *et al.*, 2009; Ryalat *et al.*, 2011; Salim *et al.*, 2012a; Salim *et al.*, 2013b). However, according to the preliminary results of Costa (2017), incorporating 5% (w/w) CHX concentration in the materials showed inhibition of the proliferation of *Candida albicans* for Ufi Gel Hard and Probase Cold acrylic reline resins, while with Kooliner acrylic reline resin, incorporating 2.5% seems to be enough to prevent the development of the fungus. There are still some uncertainties regarding the release of antimicrobial substances from the resins which may be toxic for the oral mucosa and may lose their effectiveness over time. Moreover, there are questions about the effects of these materials loading techniques on the mechanical properties of acrylic resins over time (Addy and Handley, 1981; Thaw *et al.*, 1981) and with intraoral environment changes.

Variations in temperature and pH, are known to induce surface stresses on biomaterials (Neves, 2012). It is fundamental to undertake testing methods that can mimic the oral environment for measuring the longevity of the material in function.

2. Objectives

The objective of this study was to evaluate the effect of loading three acrylic reline resins with different concentrations of chlorhexidine (CHX) on the microhardness, after a thermal ageing process, according to the following hypotheses:

H01: The microhardness of Kooliner reline resin is not affected by loading with different concentrations of CHX.

H11: The microhardness of Kooliner reline resin is affected by loading with different concentrations of CHX.

H02: The microhardness of Ufi Gel Hard reline resin is not affected by loading with different concentrations of CHX.

H12: The microhardness of Ufi Gel Hard reline resin is affected by loading with different concentrations of CHX.

H03: The microhardness of Probase Cold reline resin is not affected by loading with of different concentrations of CHX.

H13: The microhardness of Probase Cold reline resin is affected by loading with different concentrations of CHX.

3. Materials and Methods

In the present study, three auto-polymerizing acrylic resins (Table 3.1), which are presented in a liquid-powder formulation, were chosen (Figure 3.1). Two of these resins are direct reline resins: Kooliner (GC America Inc, Alsip, Illinois, USA), and Ufi Gel Hard (Voco GmbH, Cuxhaven, Germany), both composed of pre-polymerized poly(ethyl methacrylate) powder particles. The other resin is an indirect reline resin, Probase Cold (Ivoclar Vivadent AG, Liechtenstein) which is a poly(methyl methacrylate) based material.

Table 3.1- Materials under evaluation in the study

Product	Manufacturer	Batch number	P/L ratio (g/mL)	Composition	Curing cycle
Kooliner	GC America Inc., Alsip, Illinois, USA	1406232(P) 1404241(L)	1.4/1	P: PEMA L: IBMA	10 minutes 37°C
Ufi Gel Hard	Voco GmbH, Cuxhaven, Germany	1438417(P) 1443063(L)	1.77/1	P: PEMA L: HDMA	7 minutes 37°C
Probase Cold	Ivoclar Vivadent AG, Liechtenstein	S41038(P) U03356(L)	1.5/1	P: PMMA L: MMA	15 minutes 40°C 2-4 bar

P- Powder, L- Liquid, PEMA- poly(ethyl methacrylate), IBMA- isobutyl methacrylate, 1,6-HDMA- hexanediol dimethacrylate, PMMA- poly(methyl methacrylate), MMA- methyl methacrylate

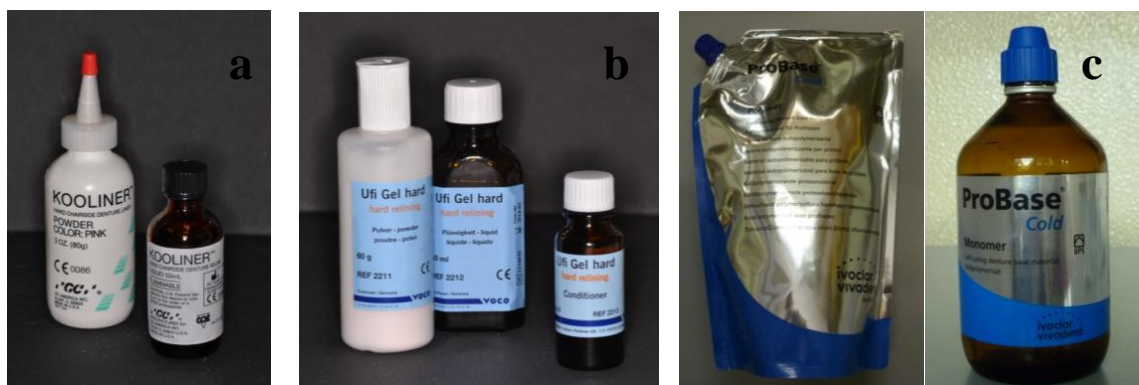


Figure 3.1 – Materials under evaluation in the study; a) Kooliner; b) Ufi Gel Hard; c) Probase Cold.

Preparation of the specimens

The acrylic resins were manipulated according to the manufacturer's instructions (Table 3.1). The liquid was measured using a pipette and the powder was weighed using a precision scale (Mettler Toledo). On the experimental specimens, chlorhexidine diacetate monohydrate (Panreac Applichem, Darmstad, Germany) was incorporated and mixed using a mortar and pestle for homogenization (Figure 3.2).

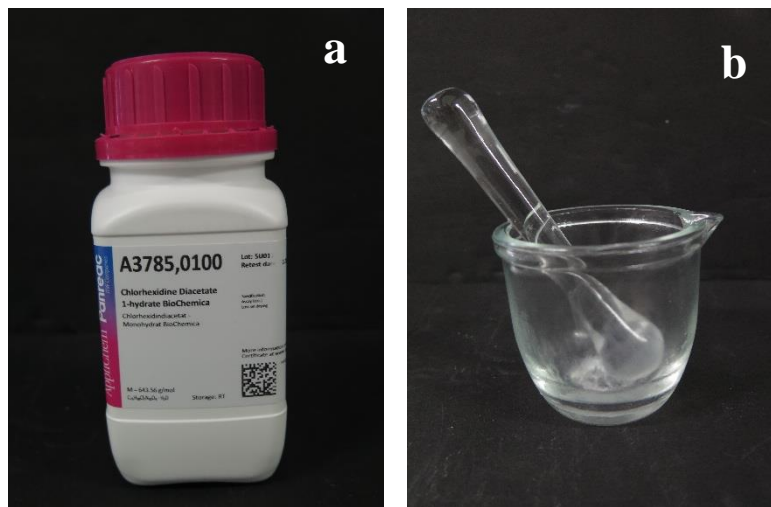


Figure 3.2 – Chlorhexidine diacetate monohydrate; a) Package; b) Pestle and mortar used for homogenization.

Groups of specimens were tested depending on the concentration of CHX (w/w) loaded in each resin. Eight specimens were prepared in each group (n=8). Forty eight specimens of Ufi Gel Hard, forty specimens of Kooliner and thirty two specimens of Probase Cold were prepared, as described in Table 3.2. For each material, the group with 0% of CHX served as control.

Table 3.2 - Schematization of distribution of the specimens (n=8)

Product	Concentration of loaded CHX
Ufi Gel Hard (U)	CHX 0% CHX 1% CHX 2.5% CHX 5% CHX 7.5% CHX 10%
Kooliner (K)	CHX 0% CHX 1% CHX 2.5% CHX 5% CHX 7.5%
Probase Cold (PC)	CHX 0% CHX 1% CHX 2.5% CHX 5%

As ISO 20795-1:2013 recommends, rectangular shaped stainless-steel molds were used to prepare specimens of each material (final dimensions were 64x10x3.3 mm).

On each preparation, the stainless-steel mold was placed on a glass plate covered by a polyester sheet. The materials' doughs were prepared following the manufactures instructions (Table 3.1) and placed into the mold. Another polyester sheet and glass were positioned on top of the mold and the set was maintained under compression (Figure 3.3).

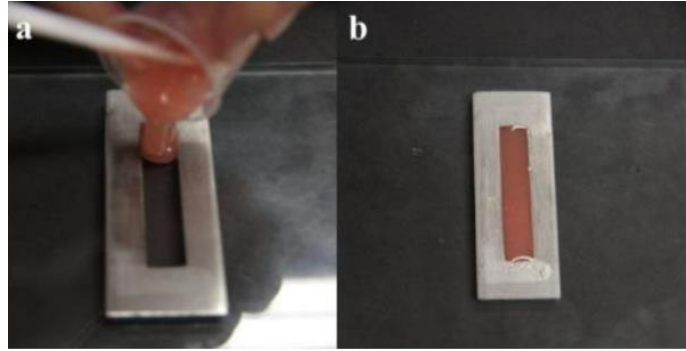


Figure 3.3 - Preparation of the specimens; a) Material is placed in the stainless-steel mold; b) Mixture and mold between polyester sheets and glass plates

In order to simulate the intraoral polymerization of direct reline resins, the materials dough was maintained at $37\pm 2^{\circ}\text{C}$, during the recommended polymerization time (Table 3.1).

Polymerization of the indirect reline resin was carried out in a pressure device (Ivomat Ivoclar Vivadent, Liechtenstein) (Figure 3.4) at recommended temperature, time and pressure (Table 3.1).



Figure 3.4 – Ivomat pressure device.

After polymerization the specimens were removed from the molds and all edges of each sample were polished with a 600-grit silicon carbide paper (Carbimate Paper Discs, Buehler Ltd, Lake Bluff, IL), by a polisher with constant refrigeration (Figure 3.5).

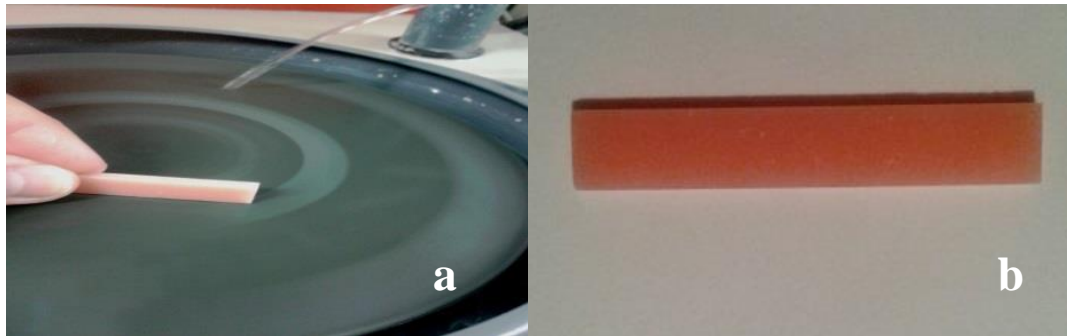


Figure 3.5- Preparation of the specimens. After polymerization and removal of the specimen from the molds; a) Irregularities were removed; b) Example of polymerized Probase Cold specimen

Subsequently, each specimen was submitted to a thermal ageing procedure (1000 cycles of thermal fluctuations between 5°C and 55°C; 20 seconds in each bath, 5 seconds of dwell time) using a specific thermocycling machine (Refri 200-E, Aralab, Cascais, Portugal) (Figure 3.6). Once this step was complete the specimens were ready for testing (Minami, 2004; Gale, 1999).

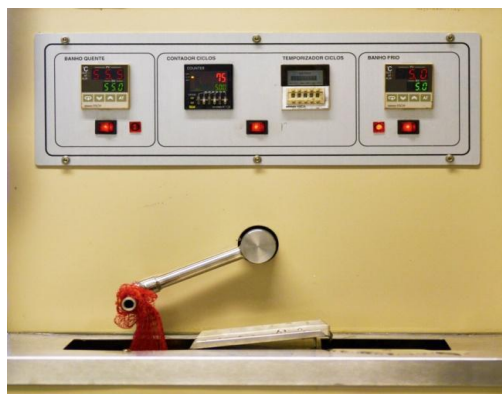


Figure 3.6 – Thermocycling equipment.

Microhardness Tests

The microhardness of all the specimens was obtained using a microhardness indentation machine (Duramin, Struers DK 2750, Balleruo, Denmark), with a Knoop diamond indenter, with an elongated pyramid's shape (Figure 3.7). The microhardness test parameters were 98.12 mN load during 30 seconds (Pinto *et al.*, 2010).

Using the Duramin software, after each indentation, the length of the pyramidal indentations was immediately measured by the operator with a 40x objective, on a maximum period of ten seconds.

The conversion of these measurements into Knoop hardness numbers (KHN) were made automatically by the equipment. Twelve equidistant measurements were made in each specimen.

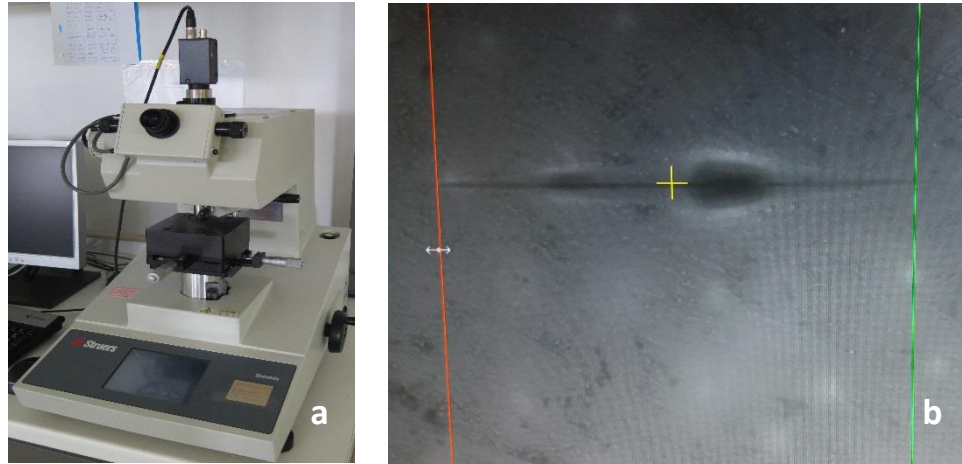


Figure 3.7 - a) microhardness machine (Duramin, Struers DK 2750, Balleruo, Denmark); b) Microscopic image of a Knoop indentation on an Ufi Gel Hard specimen

Statistical analysis

Descriptive statistics of microhardness was carried out. First, it was calculated the mean of the 12 measurements for each specimen. Then, mean, median, standard deviation, interquartile range, maximum and minimum values were determined per group.

Since data did not follow a normal distribution for the studied variables (verified by Shapiro-Wilk normality tests), the results were submitted to nonparametric tests according to the Kruskal-Wallis method, followed by multiple comparisons using Mann-Whitney tests with Bonferroni corrections to determine whether there were specific significant differences between groups.

In all statistical tests, it was considered the level of significance of 5% ($\alpha=0.05$). Data were statistically analyzed using SPSS Statistics 20 (SPSS Inc., Chicago, IL, USA).

4. Results

For each material, the descriptive analysis of the data was carried out, including mean, standard deviation, median, interquartile range, maximum and minimum values for microhardness (Table 4.1).

Table 4.1- Mean, standard deviation (SD), median, interquartile range, minimum and maximum values for microhardness (KHN) n=8.

CHX							
Material	Concentration (%)	Mean	SD	Median	IQR	Minimum	Maximum
Kooliner	0	7.5	1.94	7.9	2.72	5.1	11.0
	1	6.5	1.24	6.4	2.01	4.6	8.4
	2.5	7.4	1.43	7.9	1.59	4.3	8.7
	5	6.5	1.41	6.6	2.84	4.6	8.3
	7.5	5.8	0.48	5.7	0.94	5.2	6.4
Ufi Gel Hard	0	8.2	0.92	8.2	1.85	7.1	9.4
	1	9.2	1.33	8.6	2.30	7.9	11.5
	2.5	9.6	0.58	9.8	1.03	8.7	10.3
	5	8.2	0.35	8.4	0.54	7.6	8.7
	7.5	8.0	0.31	8.0	0.56	7.6	8.5
	10	8.2	0.63	8.4	0.97	7.0	8.8
Pro Base Cold	0	13.6	0.72	13.4	0.57	12.8	15.2
	1	13.3	0.96	13.2	0.62	12.1	15.4
	2.5	13.3	0.45	13.3	0.45	12.6	14.2
	5	12.9	0.43	12.7	0.53	12.5	13.8

For Kooliner specimens (Figure 4.1), loading with the studied CHX concentrations did not showed differences on KHN values ($p=0.114$).

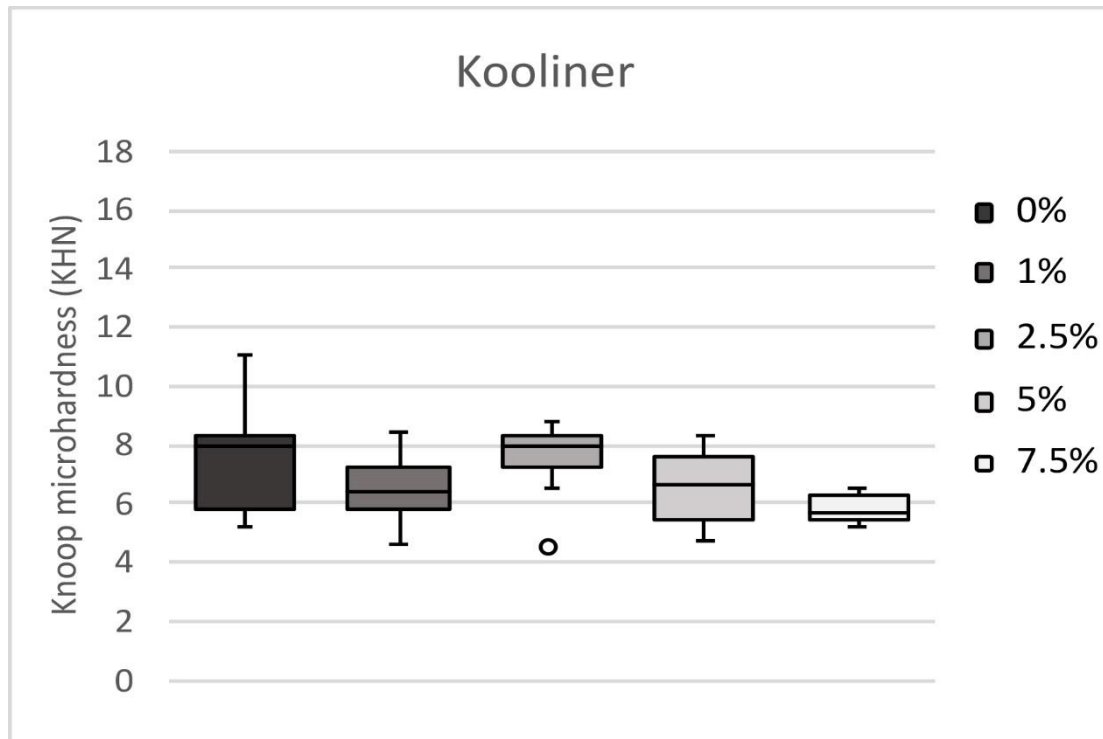


Figure 4.1- Boxplot with the influence of the CHX concentration on the KHN of the Kooliner. No differences were found between groups ($p=0.114$).

Statistically significant ($p=0.002$) differences on microhardness of CHX concentration groups was found for the Ufi Gel Hard specimens (Figure 4.2). The 2.5% CHX group showed higher KHN values than the control ($p=0.042$) and 7.5% CHX ($p=0.002$) groups.

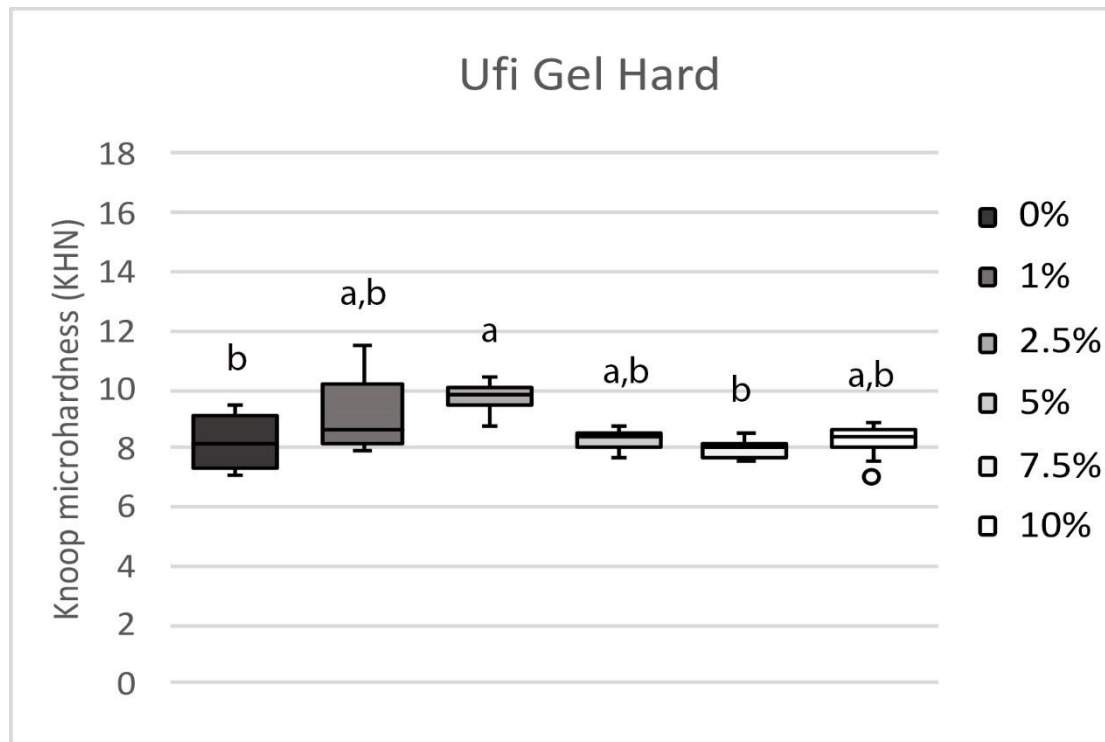


Figure 4.2- Boxplot with the influence of the CHX concentration on the KHN of the Ufi Gel Hard. Groups with the same letter were not statistically different ($p>0.05$).

Concerning Probase Cold, there were no statistically significant differences between the CHX concentration groups ($p=0.051$).

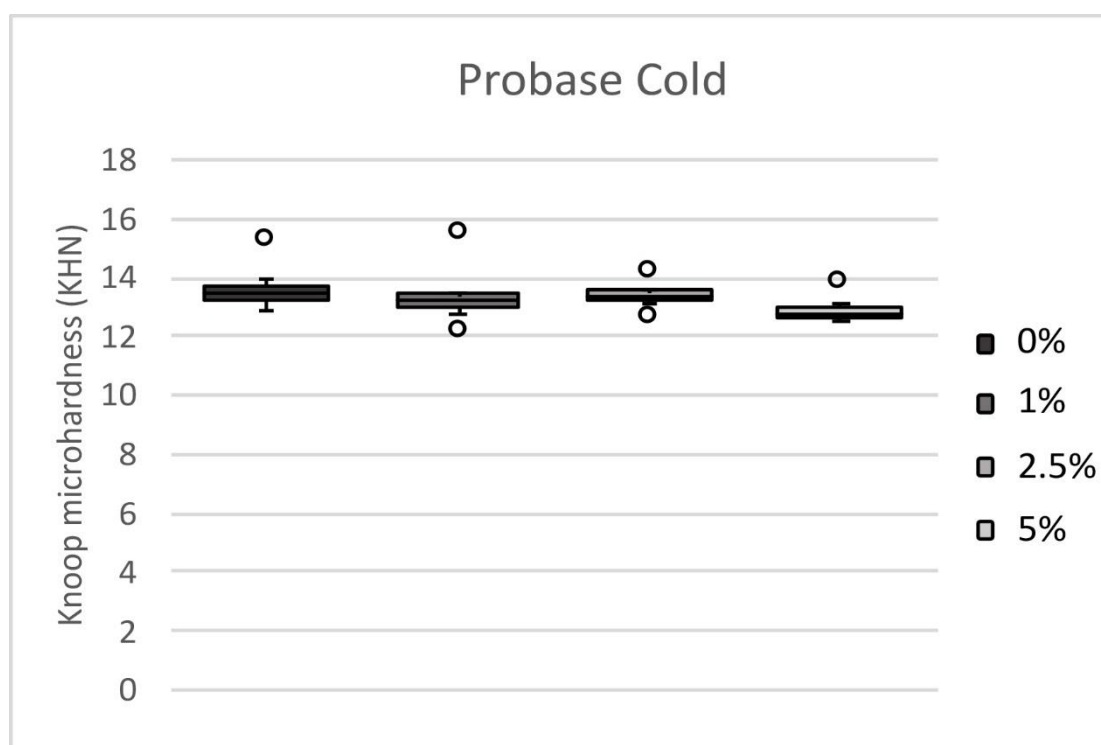


Figure 4.3- Boxplot with the influence of the CHX concentration on the KHN of the Probase Cold. No differences were found between groups ($p=0.051$).

5. Discussion

A sustained-release delivery system for treatment of denture stomatitis using CHX loaded in resins has been suggested to have potential for the prevention or treatment of microbial adherence, due to its broad-spectrum antimicrobial activity, including *C. albicans*. (Amin *et al.* 2009; Ryalat *et al.*, 2011; Salim *et al.* 2012a,2013a,b; *et al.*, 2013b). However, loading CHX into reline resins is associated with short-term effects, presents difficulties related to the maintenance needs of these materials and can affect their mechanical properties (Douglas *et al.*, 1973; Quinn, 1985; Schneid, 1992; Chow *et al.*, 1999).

On the present study, CHX was the pharmacological molecule loaded in acrylic resins and its effects on the surface properties were studied. Other authors studied the incorporation of compounds like fluconazole, silver-zinc zeolite, fluoralkyl methacrylate, methacryloyloxyundecylpyridinium bromide or TiO₂ and SiO₂ nanoparticles) (Casemiro *et al.*, 2008; Cunha *et al.*, 2009; Regis *et al.*, 2011; Sodagar *et al.*, 2013). A large number of studies evidenced that CHX, when incorporated on acrylic resins, has a more efficient candidacidal effect in comparison to other antifungal drugs. This evidence has been shown both on releasing studies and microbiologic tests (Amin *et al.*, 2009; Pusateri *et al.*, 2009; Ryalat *et al.*, 2011; Salim *et al.*, 2013a,b).

In the present study, microhardness of three materials was evaluated to check the effect of chlorhexidine on the mechanical properties after thermal ageing of the specimens.

Thermal ageing is fundamental in order to simulate intraoral temperature changes which occur frequently and are often extreme. These changes may be induced by routine eating, drinking and breathing (Kournetas, 2005). These temperature changes produce a hostile environment for the materials as they have a different coefficient of thermal expansion compared to natural tooth. Thermal fluctuations encountered *in vivo* can induce surface stresses due to the high thermal gradients near the surface. Mechanical stress induced by different thermal changes can directly induce crack propagation through bonded interfaces influencing the bond strength between denture base and reline materials (Kournetas, 2005; Neppelenbroek *et al.* 2006).

The thermal ageing is simulated in research through thermocycling. Specimens are immersed in almost extreme temperatures baths: $5\pm 2^{\circ}\text{C}$ and $55\pm 2^{\circ}\text{C}$ with a dwell time of 5 seconds (Minami et al. 2004). According to Gale (Gale, 1999), the highest tolerable temperature varies between 50°C and 55°C and the lowest tolerable temperature of the palatal surfaces of incisors and molars is of approximately 4.5°C . Therefore, the chosen temperatures for the thermocycling procedure were 5°C and 55°C for each bath.

It has been shown that once CHX is incorporated into polymethylmethacrylate, it retains its therapeutic dose for up to 28 days (Amin *et al.*, 2009; Salim *et al.*, 2012b). Hence, the number of cycles for thermic ageing should correspond to this period. We know that 1000 cycles of thermocycling correspond to approximately 30 days since each cycle corresponds to a principal meal of the day (Gale, 1999; Minami, 2004). Consequently, this study specimens were aged for 1000 cycles corresponding to 30 days in the oral cavity.

Regarding the hardness test and the use of Knoop indentator for the measurements we can affirm the Knoop hardness number is derived from the length of an indentation made by a rhomboidal cutting tool under a given load. The geometry of the tool is significant in that the measurement results from a stable cut made by the long axis of the tool, whereas the indentation made by the shorter axis would allow greater relaxation and stress distribution in the material. Because the load can be varied, and relaxation is allowed, this test can be applied to relatively soft materials like acrylic resin (Diaz-Arnold, 1999; Anusavice, 1996). Nevertheless, as there was a short time interval between indentation and measurement, it was assumed that the viscoelastic recovery was minimal.

In respect of the CHX concentrations used in this study, the selection of groups was made taking in account all the results obtained in previous studies by Sousa (2014), Barreiros (2015) and Martins (2015). The concentrations of 10%, 7.5%, 5%, 2.5% and 1% of CHX were studied by these authors and their conclusions allows us to exclude all the CHX concentration groups which already showed to negatively influence the mechanical and physical properties of each material. Sousa (2014) referred that loading 10% CHX could negatively influence microhardness of Kooliner and Probase Cold, but not Ufi Gel Hard, leading to the choice of including in the present study the 10% CHX group only in Ufi Gel Hard. Martins (2015)

found that a 7.5% concentration would decrease mechanical properties of Probase Cold, so it was settled in the present study to include groups of Probase Cold only until 5% CHX concentration.

Concerning the effect of CHX incorporation on microhardness of Kooliner there were no statistically significant differences between groups. Therefore, we are able to accept the first null hypothesis which states that the microhardness of Kooliner reline resin is not affected by the different concentrations of CHX loaded.

Loading of CHX, in different concentrations, on Ufi Gel Hard, regarding microhardness values, conducted to statistical differences, between groups. Interestingly, 2.5% CHX group showed a higher microhardness value when comparing to 0% CHX and also to 7.5% CHX groups. Ufi Gel Hard is composed of pre-polymerized poly (ethyl methacrylate) (PEMA) powder particles, which are mixed with other methacrylate monomers. The conversion monomer-polymer is never complete in this material. Auto-polymerized materials are known for their lower degree of conversion and consequently higher residual monomer content (3% to 5%), compared to heat-activated resins (Cooper *et al.*, 2004). The results found between experimental groups 0% CHX, 2.5% CHX and 7.5% CHX are similar to the results obtained by Martins (2015) where 5% CHX group had higher microhardness value when comparing to the control group. This may be due to the chemical conformation of polyethyl methacrylate whose chemical union may be promoted by CHX. However, with the increase of CHX concentration the material might become porous leading to the decrease of the material's microhardness. Hence, we are able to reject the second null hypothesis that microhardness of Ufi Gel Hard reline resin is not affected by the different concentrations of CHX loaded. Although being affected by different concentrations of CHX, Ufi Gel Hard was not affected in a negative way. In fact, none of the groups tested showed a decrease of microhardness values when comparing to the control group, but rather an increase in the values of this property, which is again in agreement with the results obtained by Martins (2015).

Finally, when loading Probase Cold reline resin with CHX, no statistically significant differences between any of the groups of CHX concentrations. Consequently, we are able to accept the third null hypothesis which states that the microhardness of Probase Cold reline resin is not affected by the different concentrations of CHX loaded.

Although having conducted a thermal ageing of the specimens, more experimental studies are needed to conclude about the biodegradation of acrylic reline resins exposed to the oral cavity. The biodegradation of a biomaterial can produce leachable products, which in turn may induce a series of biological responses on cells and tissues. This process may occur not only due to thermal changes but also due to exposure to saliva, chewing, breathing, chemical and dietary changes (Santerre *et al.*, 2001, Bettencourt *et al.*, 2010; Neves 2012). A major clinically significant consequence of acrylic based resins biodegradation is the release of potential toxic unbound/uncured monomers or/and additives from the polymer network. The released compounds may have a toxic effect on the oral cavity. With respect to materials stability, biodegradation may induce significant changes in materials physical and mechanical properties that may ultimately lead to failure of the material.

Therefore, more experimental studies are needed to conclude about the mechanical properties of the material after the biodegradation process has occurred and how the release of CHX in the long term is affected by the harsh environment of the oral cavity.

6. Conclusions

Within the limitations of the current experiments, this study showed that:

- The first null hypothesis is valid since there is no difference in microhardness values between groups of Kooliner, after submitted to thermal ageing;
- The second null hypothesis is not accepted because there is evidence of alteration on microhardness values for different Ufi Gel Hard groups, after submitted to thermal ageing.
- The third null hypothesis is valid since there is no difference in microhardness values between groups of Probase Cold, after submitted to thermal ageing;

Concerning Ufi Gel Hard, 2.5% CHX group presented higher values of microhardness when comparing to control, after submitted to thermal ageing. Nevertheless, loading with any concentration of CHX do not negatively affects the microhardness values of the acrylic resins after a thermal ageing equivalent to one month of oral environment.

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Appendices

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Figure 4.2- Boxplot with the influence of the CHX concentration on the KHN of the Ufi Gel Hard. Groups with the same letter were not statistically different ($p>0.05$).

Figure 4.3- Boxplot with the influence of the CHX concentration on the KHN of the Probase Cold. No differences were found between groups ($p=0.051$).

Appendix 3 - List of Abbreviations

1,6 HDMA	1,6-hexanedioldimetacrylate
CHX	Chlorhexidine diacetate monohydrate
HDMA	Hexanediol dimethacrylate
IBMA	Isobutylmethacrylate
IQR	Interquartile Range
ISO	International Organization for Standardization
K	Kooliner
KHN	Knoop Hardness Number
MMA	Methylmethacrylate
mN	millinewton
MPa	Megapascal
PC	Probosc Cold
PEMA	Polyethylmethacrylate
PMMA	Polymethylmethacrylate
SD	Standard Deviation
U	Ufi Gel Hard

Appendix 4 – Experimental Data

Knoop Hardness (Kooliner)

Indentation	KHN	Indentation	KHN	Indentation	KHN	Indentation	KHN
KA1.1	18.6	KA4.6	22.5	KA7.11	12.4	KB3.4	5.4
KA1.2	30.6	KA4.7	9.3	KA7.12	15.2	KB3.5	3.2
KA1.3	4	KA4.8	4.6	KA8.1	4.3	KB3.6	5.2
KA1.4	8	KA4.9	4	KA8.2	4.6	KB3.7	3.5
KA1.5	4.6	KA4.10	8.4	KA8.3	5.9	KB3.8	3.6
KA1.6	4.7	KA4.11	3.9	KA8.4	3.5	KB3.9	3.1
KA1.7	17.1	KA4.12	4	KA8.5	4.3	KB3.10	3.2
KA1.8	4.5	KA5.1	3	KA8.6	10.2	KB3.11	4.6
KA1.9	6.5	KA5.2	3.9	KA8.7	6.9	KB3.12	4.5
KA1.10	12	KA5.3	4.1	KA8.8	5.1	KB4.1	6.6
KA1.11	15.8	KA5.4	15.4	KA8.9	5.5	KBh4.2	5.7
KA1.12	6.1	KA5.5	5	KA8.10	6.3	KB4.3	6.8
KA2.1	13.6	KA5.6	3.3	KA8.11	8	KB4.4	5.8
KA2.2	22.8	KA5.7	3.5	KA8.12	5	KB4.5	6
KA2.3	4	KA5.8	6.2	KB1.1	3.7	KB4.6	6.1
KA2.4	6.1	KA5.9	3.6	KB1.2	4.5	KB4.7	5.5
KA2.5	3.4	KA5.10	5.1	KB1.3	4.6	KB4.8	6.1
KA2.6	6.1	KA5.11	5.2	KB1.4	5.7	KB4.9	6.3
KA2.7	4.1	KA5.12	9.1	KB1.5	3.4	KB4.10	5.2
KA2.8	5.8	KA6.1	5.2	KB1.6	17.4	KB4.11	5.4
KA2.9	7.9	KA6.2	4.4	KB1.7	4.6	KB4.12	7.4
KA2.10	11.5	KA6.3	5.5	KB1.8	5.4	KB5.1	5.7
KA2.11	6.8	KA6.4	6.3	KB1.9	17.3	KB5.2	4.9
KA2.12	7.2	KA6.5	8	KB1.10	5.5	KB5.3	7.4
KA3.1	28.3	KA6.6	5	KB1.11	23.3	KB5.4	6.1
KA3.2	12.6	KA6.7	5.1	KB1.12	6.1	KB5.5	7.6
KA3.3	6.4	KA6.8	4.3	KB2.1	9.5	KB5.6	6.5
KA3.4	3.1	KA6.9	4.6	KB2.2	12	KB5.7	8.3
KA3.5	4.1	KA6.10	5.9	KB2.3	5.2	KB5.8	6.9
KA3.6	4.6	KA6.11	3.5	KB2.4	10.7	KB5.9	6.7
KA3.7	3.8	KA6.12	4.3	KB2.5	4.4	KB5.10	7.4
KA3.8	3.4	KA7.1	10.2	KB2.6	6.5	KB5.11	7.7
KA3.9	3.9	KA7.2	10.2	KB2.7	9	KB5.12	5.7
KA3.10	4	KA7.3	6	KB2.8	17.9	KB6.1	6.3
KA3.11	12.5	KA7.4	6.9	KB2.9	3.4	KB6.2	6.7
KA3.12	13.4	KA7.5	6.9	KB2.10	4.2	KB6.3	7.2
KA4.1	7.7	KA7.6	5.1	KB2.11	5.5	KB6.4	6.6
KA4.2	11.3	KA7.7	6.8	KB2.12	5	KB6.5	7
KA4.3	4	KA7.8	5.6	KB3.1	11.8	KB6.6	7
KA4.4	6	KA7.9	7	KB3.2	3.3	KB6.7	6.7
KA4.5	5.5	KA7.10	8.6	KB3.3	4.2	KB6.8	7.2

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KB6.9	11.9	KC2.6	8.8	KC6.3	8.5	KD1.12	4.9
KB6.10	7.1	KC2.7	5.9	KC6.4	8	KD2.1	5.2
KB6.11	5.7	KC2.8	8.5	KC6.5	7	KD2.2	5.6
KB6.12	5	KC2.9	11.2	KC6.6	7	KD2.3	6.2
KB7.1	8.2	KC2.10	8.4	KC6.7	13.2	KD2.4	7.9
KB7.2	3.9	KC2.11	11.3	KC6.8	7	KD2.5	6.2
KB7.3	5.9	KC2.12	8.5	KC6.9	7.1	KD2.6	5.7
KB7.4	4.4	KC3.1	9.4	KC6.10	7.7	KD2.7	6.8
KB7.5	5.8	KC3.2	12.3	KC6.11	10.9	KD2.8	6.6
KB7.6	4.5	KC3.3	3.4	KC6.12	9.7	KD2.9	4.5
KB7.7	4.5	KC3.4	9.4	KC7.1	11.7	KD2.10	7.3
KB7.8	6.8	KC3.5	10.9	KC7.2	4	KD2.11	5.2
KB7.9	6.9	KC3.6	13.1	KC7.3	4.4	KD2.12	6.1
KB7.10	4.8	KC3.7	6.4	KC7.4	5.3	KD3.1	5.1
KB7.11	5.9	KC3.8	12.9	KC7.5	6.1	KD3.2	4.2
KB7.12	4.1	KC3.9	3.3	KC7.6	5.8	KD3.3	5.4
KB8.1	6.8	KC3.10	5.9	KC7.7	3.8	KD3.4	5
KB8.2	5.4	KC3.11	3.9	KC7.8	9.1	KD3.5	5.3
KB8.3	5.5	KC3.12	6.4	KC7.9	3.4	KD3.6	4.1
KB8.4	3.1	KC4.1	4.3	KC7.10	6.1	KD3.7	5.6
KB8.5	7.7	KC4.2	5.8	KC7.11	22	KD3.8	6.1
KB8.6	4.5	KC4.3	6	KC7.12	18.6	KD3.9	5.8
KB8.7	6.6	KC4.4	4.9	KC8.1	7.2	KD3.10	3.6
KB8.8	4.3	KC4.5	5.2	KC8.2	8.3	KD3.11	6.2
KB8.9	11.6	KC4.6	4.7	KC8.3	6.9	KD3.12	10
KB8.10	4.9	KC4.7	7.6	KC8.4	7.8	KD4.1	7.6
KB8.11	6.2	KC4.8	5	KC8.5	6.1	KD4.2	7.1
KB8.12	4	KC4.9	6.4	KC8.6	9.1	KD4.3	6.7
KC1.1	5.5	KC4.10	6.3	KC8.7	5.2	KD4.4	6
KC1.2	7.4	KC4.11	19.5	KC8.8	9.4	KD4.5	8
KC1.3	3.8	KC4.12	25	KC8.9	7.6	KD4.6	12.4
KC1.4	4	KC5.1	13.5	KC8.10	8.8	KD4.7	8.5
KC1.5	3.4	KC5.2	15.4	KC8.11	7.4	KD4.8	9.9
KC1.6	3.9	KC5.3	3.8	KC8.12	5.3	KD4.9	11.5
KC1.7	4.9	KC5.4	7.2	KD1.1	4.1	KD4.10	6.7
KC1.8	4.1	KC5.5	4.5	KD1.2	3.9	KD4.11	7.7
KC1.9	4.4	KC5.6	3.5	KD1.3	5.7	KD4.12	7.7
KC1.10	3.7	KC5.7	4	KD1.4	3.7	KD5.1	6.2
KC1.11	3.7	KC5.8	3.4	KD1.5	6.7	KD5.2	9.6
KC1.12	3.3	KC5.9	4.5	KD1.6	3.9	KD5.3	6.8
KC2.1	4.5	KC5.10	4	KD1.7	5.8	KD5.4	6.2
KC2.2	5.2	KC5.11	3.2	KD1.8	4.6	KD5.5	8.8
KC2.3	6.2	KC5.12	11.9	KD1.9	4.9	KD5.6	7.1
KC2.4	4.9	KC6.1	6.6	KD1.10	7.3	KD5.7	6.7
KC2.5	10	KC6.2	12.3	KD1.11	5.2	KD5.8	8.2

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KD5.9	7.6	KE1.6	5.7	KE5.3	5.8	KE8.12	3.7
KD5.10	8.4	KE1.7	6.4	KE5.4	4.3		
KD5.11	6.2	KE1.8	6.1	KE5.5	4.9		
KD5.12	6.7	KE1.9	5.4	KE5.6	5.2		
KD6.1	4.7	KE1.10	4.9	KE5.7	6		
KD6.2	3.3	KE1.11	4.9	KE5.8	4.9		
KD6.3	7.0	KE1.12	4.6	KE5.9	5		
KD6.4	4.3	KE2.1	6.3	KE5.10	6.7		
KD6.5	7.8	KE2.2	7.6	KE5.11	5.3		
KD6.6	3.9	KE2.3	6.5	KE5.12	5.3		
KD6.7	6.5	KE2.4	5.5	KE6.1	5.1		
KD6.8	3.5	KE2.5	6.4	KE6.2	6.5		
KD6.9	3.8	KE2.6	7.1	KE6.3	6.5		
KD6.10	4.2	KE2.7	7.0	KE6.4	3.5		
KD6.11	3.1	KE2.8	7.7	KE6.5	5.9		
KD6.12	4.1	KE2.9	6.3	KE6.6	6		
KD7.1	5.8	KE2.10	4.6	KE6.7	6.7		
KD7.2	4.7	KE2.11	6.6	KE6.8	5.4		
KD7.3	8.2	KE2.12	6.0	KE6.9	8		
KD7.4	6.1	KE3.1	7.4	KE6.10	4.2		
KD7.5	11.2	KE3.2	3.5	KE6.11	4.4		
KD7.6	9.0	KE3.3	4.3	KE6.12	6.1		
KD7.7	8.2	KE3.4	5.3	KE7.1	6.8		
KD7.8	8.4	KE3.5	3.9	KE7.2	4.4		
KD7.9	7.9	KE3.6	4.9	KE7.3	5.4		
KD7.10	5.2	KE3.7	6.1	KE7.4	7.7		
KD7.11	7.3	KE3.8	5.6	KE7.5	4.8		
KD7.12	4.8	KE3.9	5.2	KE7.6	5.3		
KD8.1	9.1	KE3.10	6.8	KE7.7	5.9		
KD8.2	6.7	KE3.11	7.2	KE7.8	5.8		
KD8.3	11.4	KE3.12	3.9	KE7.9	7.4		
UA8.4	5.7	KE4.1	4.7	KE7.10	7.8		
KD8.5	6.8	KE4.2	5.7	KE7.11	6.2		
KD8.6	7	KE4.3	4.8	KE7.12	7.7		
KD8.7	8.7	KE4.4	6.7	KE8.1	8		
KD8.8	7.8	KE4.5	5.3	KE8.2	5.8		
KD8.9	3.9	KE4.6	5.0	KE8.3	3.1		
KD8.10	6.4	KE4.7	4.8	KE8.4	13		
KD8.11	16.7	KE4.8	7.6	KE8.5	4.2		
KD8.12	8.7	KE4.9	6.0	KE8.6	8.4		
KE1.1	5.6	KE4.10	7.2	KE8.7	9.3		
KE1.2	4.8	KE4.11	5.1	KE8.8	3.2		
KE1.3	6.4	KE4.12	6.4	KE8.9	6.6		
KE1.4	5.5	KE5.1	4.0	KE8.10	7.4		
KE1.5	5.9	KE5.2	5.0	KE8.11	3.5		

Appendices

Knoop Hardness (Ufi Gel Hard)

Indentation	KHN	Indentation	KHN	Indentation	KHN	Indentation	KHN
UA1.1	6.0	UA4.6	7.6	UA7.11	9.7	UB3.4	9.8
UA1.2	9	UA4.7	6.2	UA7.12	9.8	UB3.5	9.6
UA1.3	9.6	UA4.8	7.9	UA8.1	9.1	UB3.6	10
UA1.4	8	UA4.9	7.5	UA8.2	8.8	UB3.7	8.7
UA1.5	9.2	UA4.10	6.7	UA8.3	7.4	UB3.8	8.8
UA1.6	9.2	UA4.11	7.1	UA8.4	9	UB3.9	8.9
UA1.7	8.3	UA4.12	7.9	UA8.5	9.5	UB3.10	8.8
UA1.8	8.7	UA5.1	8.3	UA8.6	9.1	UB3.11	9
UA1.9	6.6	UA5.2	6.2	UA8.7	9.1	UB3.12	7.5
UA1.10	7.9	UA5.3	8.1	UA8.8	8.9	UB4.1	14.1
UA1.11	7.7	UA5.4	6.8	UA8.9	8.7	UB4.2	9.2
UA1.12	7.5	UA5.5	8.3	UA8.10	9.4	UB4.3	8.5
UA2.1	7.6	UA5.6	6.9	UA8.11	9.1	UB4.4	9.1
UA2.2	8.9	UA5.7	6.4	UA8.12	9.8	UB4.5	9.5
UA2.3	8.9	UA5.8	7.3	UB1.1	7.5	UB4.6	11.2
UA2.4	8.3	UA5.9	5.8	UB1.2	7.5	UB4.7	10.3
UA2.5	8.3	UA5.10	7	UB1.3	18.4	UB4.8	9
UA2.6	7.8	UA5.11	8	UB1.4	21.8	UB4.9	10.1
UA2.7	7.5	UA5.12	6.4	UB1.5	15.2	UB4.10	10.8
UA2.8	9.1	UA6.1	7.7	UB1.6	9	UB4.11	9.2
UA2.9	7.9	UA6.2	8.4	UB1.7	7.9	UB4.12	9.6
UA2.10	7.9	UA6.3	12.2	UB1.8	6.7	UB5.1	8.8
UA2.11	6.8	UA6.4	9	UB1.9	8.3	UB5.2	8.3
UA2.12	10.2	UA6.5	12.2	UB1.10	8.5	UB5.3	9.5
UA3.1	7.8	UA6.6	9.9	UB1.11	6.6	UB5.4	8.4
UA3.2	7	UA6.7	12.4	UB1.12	10	UB5.5	8.3
UA3.3	7	UA6.8	10.6	UB2.1	10.1	UB5.6	8.8
UA3.4	7.4	UA6.9	6.3	UB2.2	12.8	UB5.7	8.8
UA3.5	7.4	UA6.10	6.1	UB2.3	11.3	UB5.8	8.5
UA3.6	7.4	UA6.11	9	UB2.4	12.5	UB5.9	7.4
UA3.7	8	UA6.12	7.2	UB2.5	11.5	UB5.10	8.4
UA3.8	7.1	UA7.1	7.7	UB2.6	12.2	UB5.11	7.5
UA3.9	7.2	UA7.2	10.4	UB2.7	11.1	UB5.12	8.1
UA3.10	7.4	UA7.3	9	UB2.8	10	UB6.1	8.3
UA3.11	7.4	UA7.4	7.4	UB2.9	12.1	UB6.2	7.5
UA3.12	6.8	UA7.5	12.5	UB2.10	13.8	UB6.3	8
UA4.1	8	UA7.6	7.3	UB2.11	10	UB6.4	8.6
UA4.2	7.7	UA7.7	6.7	UB2.12	10.8	UB6.5	8.4
UA4.3	7.3	UA7.8	13.2	UB3.1	7.4	UB6.6	9.2
UA4.4	6.9	UA7.9	9.4	UB3.2	8.8	UB6.7	6.6
UA4.5	7.5	UA7.10	10.5	UB3.3	9.5	UB6.8	6.5

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UC6.9	7.1	UC2.6	9.6	UC6.3	10.2	UD1.12	6
UC6.10	7.2	UC2.7	15.5	UC6.4	10.2	UD2.1	7.6
UC6.11	9.7	UC2.8	10.7	UC6.5	9.4	UD2.2	7.6
UC6.12	8	UC2.9	13.3	UC6.6	9.8	UD2.3	9.3
UC7.1	7.8	UC2.10	9.1	UC6.7	9.4	UD2.4	8.5
UC7.2	8.7	UC2.11	8.2	UC6.8	11	UD2.5	8.7
UC7.3	9.4	UC2.12	7.4	UC6.9	10.4	UD2.6	7.6
UC7.4	8.1	UC3.1	11.1	UC6.10	10.7	UD2.7	9.7
UC7.5	7.9	UC3.2	11.5	UC6.11	8.5	UD2.8	7.9
UC7.6	3.8	UC3.3	9.3	UC6.12	10.2	UD2.9	6.3
UC7.7	9.8	UC3.4	8.3	UC7.1	10.5	UD2.10	9
UC7.8	7.9	UC3.5	9.5	UC7.2	10.5	UD2.11	9.4
UC7.9	8.2	UC3.6	11	UC7.3	10.6	UD2.12	9.4
UC7.10	7.9	UC3.7	9.8	UC7.4	10	UD3.1	6.9
UC7.11	8.5	UC3.8	10.4	UC7.5	8.8	UD3.2	9.7
UC7.12	10.6	UC3.9	10.2	UC7.6	9.9	UD3.3	8.6
UC8.1	6.6	UC3.10	9	UC7.7	8.3	UD3.4	5.4
UC8.2	6.7	UC3.11	11.5	UC7.8	10.6	UD3.5	5.5
UC8.3	6.9	UC3.12	9.2	UC7.9	10.6	UD3.6	7.1
UC8.4	9.7	UC4.1	9	UD7.10	9.8	UD3.7	6.1
UC8.5	8.8	UC4.2	8.8	UC7.11	8	UD3.8	7.6
UC8.6	9.1	UC4.3	7.4	UC7.12	10.3	UD3.9	5.8
UC8.7	7.9	UC4.4	10.9	UC8.1	9.2	UD3.10	7.2
UC8.8	8.6	UC4.5	8	UC8.2	11	UD3.11	9.1
UC8.9	8.8	UC4.6	9.1	UC8.3	10.1	UD3.12	13.1
UC8.10	8.3	UC4.7	9	UC8.4	9.1	UD4.1	7.4
UC8.11	8.2	UC4.8	7.5	UC8.5	10.8	UD4.2	6.1
UC8.12	8.2	UC4.9	8.2	UC8.6	9.1	UD4.3	8.8
UC1.1	8.7	UC4.10	7.6	UC8.7	10.4	UD4.4	9.1
UC1.2	9.2	UC4.11	8.5	UC8.8	9.2	UD4.5	11
UC1.3	10	UC4.12	10.6	UC8.9	9.2	UD4.6	8.6
UC1.4	12.4	UC5.1	8.4	UC8.10	8.5	UD4.7	8.6
UC1.5	9.6	UC5.2	10	UC8.11	10.7	UD4.8	7
UC1.6	8.5	UC5.3	9.5	UC8.12	10.7	UD4.9	4
UC1.7	9	UC5.4	8.2	UD1.1	7.8	UD4.10	9.6
UC1.8	8.5	UC5.5	8.3	UD1.2	8.7	UD4.11	9.6
UC1.9	10.7	UC5.6	9.6	UD1.3	9.9	UD4.12	7.6
UC1.10	8.8	UC5.7	9.6	UD1.4	12.7	UD5.1	11.2
UC1.11	8.4	UC5.8	9	UD1.5	8.6	UD5.2	9.4
UC1.12	11.6	UC5.9	10	UD1.6	8.6	UD5.3	15.8
UC2.1	10	UC5.10	6.6	UD1.7	10	UD5.4	7.8
UC2.2	9.7	UC5.11	9.2	UD1.8	8	UD5.5	9.2
UC2.3	8.9	UC5.12	8.8	UD1.9	9.5	UD5.6	10
UC2.4	9.5	UC6.1	10.4	UD1.10	9.7	UD5.7	5.6
UC2.5	10.1	UC6.2	14.2	UD1.11	5.70	UD5.8	3.5

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UD5.9	4.4	UE1.6	8.7	UE5.3	6	UE8.12	6.3
UD5.10	4.4	UE1.7	8	UE5.4	9	UF1.1	8.5
UD5.11	7.4	UE1.8	8.4	UE5.5	6.3	UF1.2	13.8
UD5.12	6.6	UE1.9	8.9	UE5.6	8.8	UF1.3	8.2
UD6.1	8.2	UE1.10	9.5	UE5.7	8.7	UF1.4	8.2
UD6.2	9.4	UE1.11	7.8	UE5.8	8.5	UF1.5	8.3
UD6.3	8.4	UE1.12	7.8	UE5.9	8.1	UF1.6	7.3
UD6.4	7.7	UE2.1	8.4	UE5.10	7.4	UF1.7	6.1
UD6.5	7.9	UE2.2	9	UE5.11	8.2	UF1.8	10
UD6.6	9.5	UE2.3	8.8	UE5.12	9	UF1.9	4.2
UD6.7	8.6	UE2.4	7.5	UE6.1	8.1	UF1.10	8.7
UD6.8	7.9	UE2.5	6.5	UE6.2	8.4	UF1.11	6.7
UD6.9	9.6	UE2.6	8	UE6.3	8.4	UF1.12	10
UD6.10	6.5	UE2.7	9.9	UE6.4	7.6	UF1.1	10.5
UD6.11	8.5	UE2.8	8.6	UE6.5	8.4	UF1.2	7.8
UD6.12	9	UE2.9	8.3	UE6.6	7.8	UF1.3	8.2
UD7.1	9.3	UE2.10	9.5	UE6.7	8	UF1.4	9.7
UD7.2	8.8	UE2.11	8.3	UE6.8	5.9	UF1.5	8.7
UD7.3	7.5	UE2.12	9.8	UE6.9	6.5	UF1.6	8.4
UD7.4	10.9	UE3.1	7.7	UE6.10	7.8	UF1.7	5.9
UD7.5	8.3	UE3.2	8.5	UE6.11	9	UF1.8	3.4
UF7.6	7.9	UE3.3	9.2	UE6.12	7.1	UF1.9	9.6
UF7.7	8.6	UE3.4	6.4	UE7.1	7.9	UF1.10	6.9
UF7.8	9.3	UE3.5	9.8	UE7.2	8.2	UF1.11	10
UF7.9	7.6	UE3.6	9	UE7.3	8.8	UF1.12	8.8
UF.10	7.5	UE3.7	9.4	UE7.4	7.8	UF2.1	8.2
UF7.11	8.6	UE3.8	8.6	UE7.5	7.6	UF2.2	8.2
UF7.12	8.4	UE3.9	5.4	UE7.6	8.4	UF2.3	7.8
UF8.1	8	UE3.10	7.5	UE7.7	7.3	UF2.4	7.4
UF8.2	8.3	UE3.11	7.8	UE7.8	6.3	UF2.5	7
UF8.3	8.3	UE3.12	8.4	UE7.9	7.8	UF2.6	9.3
UF8.4	7.9	UE4.1	8.3	UE7.10	7.6	UF2.7	9.3
UF8.5	7.9	UE4.2	8.3	UE7.11	7	UF2.8	10.1
UF8.6	9	UE4.3	8.2	UE7.12	7.7	UF2.9	8.5
UF8.7	8.7	UE4.4	8.7	UE8.1	7	UF2.10	13.8
UF8.8	8.9	UE4.5	7.8	UE8.2	9.1	UF2.11	8.2
UF8.9	8.3	UE4.6	7	UE8.3	6.8	UF2.12	8.2
UF8.10	8.5	UE4.7	9.1	UE8.4	8.8	UF3.1	8.3
UF8.11	8.8	UE4.8	6.8	UE8.5	7.8	UF3.2	7.3
UF8.12	8.2	UE4.9	8.8	UE8.6	9.5	UF3.3	6.1
UE1.1	7.5	UE4.10	7.8	UE8.7	5.7	UF3.4	10
UE1.2	9	UE4.11	9.5	UE8.8	8.1	UF3.3	4.2
UE1.3	7.9	UE4.12	5.7	UE8.9	8.1	UF3.6	8.7
UE1.4	8.1	UE5.1	8.1	UE8.10	6	UF3.7	6.7
UE1.5	8.2	UE5.2	8.1	UE8.11	9	UF3.8	10

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UF3.9	8.7	UF7.6	7.1
UF3.10	9.4	UF7.7	7.5
UF3.11	9.3	UF7.8	7.5
UF3.12	8.7	UF7.9	7.8
UF4.1	8.8	UF7.10	6.2
UF4.2	9.3	UF7.11	7.4
UF4.3	13.3	UF7.12	7.7
UF4.4	8.8	UF8.1	7.2
UF4.5	8.8	UF8.2	7.8
UF4.6	6.5	UF8.3	7.3
UF4.7	9.9	UF8.4	8.5
UF4.8	5.8	UF8.5	7.6
UF4.9	8	UF8.6	5.7
UF4.10	9.2	UF8.7	8.6
UF4.11	9.2	UF8.8	6.8
UF4.12	9	UF8.9	7.4
UF5.1	7.2	UF8.10	7.7
UF5.2	8.9	UF8.11	8.1
UF5.3	8.7	UF8.18	7.5
UF5.4	9.2		
UF5.5	9.9		
UF5.6	9.3		
UF5.7	9.3		
UF5.8	8.7		
UF5.9	6.9		
UF.10	7.3		
UF5.11	7.5		
UF5.12	8.8		
UF6.1	9.6		
UF6.2	9.6		
UF6.3	9.9		
UF6.4	8.4		
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UF6.6	9.2		
UF6.7	10.6		
UF6.8	7.2		
UF6.9	9.5		
UF6.10	9.5		
UF6.11	7.4		
UF6.12	6		
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UF7.2	6.3		
UF7.3	7.8		
UF7.4	4.4		
UF7.5	7.9		

Appendices

Knoop hardness (Probase Cold)

Indentation	KHN	Indentation	KHN	Indentation	KHN	Indentation	KHN
PA1.1	13.6	PA4.6	14.4	PA7.11	14.1	PB3.4	15.9
PA1.2	13	PA4.7	12.9	PA7.12	15	PB3.5	10.2
PA1.3	13.6	PA4.8	10.2	PA8.1	15	PB3.6	12.8
PA1.4	12.5	PA4.9	13.6	PA8.2	14.3	PB3.7	12.8
PA1.5	13.6	PA4.10	17.9	PA8.3	11.8	PB3.8	12.4
PA1.6	12.6	PA4.11	17.9	PA8.4	11.8	PB3.9	14.8
PA1.7	13.3	PA4.12	14.6	PA8.5	10.7	PB3.10	16.1
PA1.8	15.3	PA5.1	12.6	PA8.6	12.3	PB3.11	11.8
PA1.9	15.1	PA5.2	11.6	PA8.7	16.8	PB3.12	15.3
PA1.10	14.2	PA5.3	9.21	PA8.8	13.2	PB4.1	15
PA1.11	9.3	PA5.4	13.2	PA8.9	13	PB4.2	13.3
PA1.12	12.8	PA5.5	12.6	PA8.10	13.3	PB4.3	15.7
PA2.1	12.8	PA5.6	14.5	PA8.11	14.7	PB4.4	11.8
PA2.2	13.6	PA5.7	13	PA8.12	16.7	PB4.5	12.8
PA2.3	13.1	PA5.8	11.4	PB1.1	12.6	PB4.6	16.7
PA2.4	12.5	PA5.9	11.5	PB1.2	12.6	PB4.7	13.3
PA2.5	15.2	PA5.10	16.3	PB1.3	13	PB4.8	12.9
PA2.6	15.6	PA5.11	14	PB1.4	14.1	PB4.9	11.9
PA2.7	13	PA5.12	14.4	PB1.5	11.2	PB4.10	12.4
PA2.8	11.2	PA6.1	12.9	PB1.6	13.3	PB4.11	10.6
PA2.9	14.8	PA6.2	11.5	PB1.7	11.5	PB4.12	15.3
PA2.10	15.9	PA6.3	15.6	PB1.8	13.5	PB5.1	13.1
PA2.11	14.2	PA6.4	11.9	PB1.9	12.6	PB5.2	12.7
PA2.12	12.1	PA6.5	12.3	PB1.10	12	PB5.3	12.8
PA3.1	10.9	PA6.6	12.5	PB1.11	13.5	PB5.4	13.1
PA3.2	11.8	PA6.7	13.6	BP1.12	13.6	PB5.5	13.7
PA3.3	11.8	PA6.8	13.2	PB2.1	11.7	PB5.6	13.9
PA3.4	15	PA6.9	14.3	PB2.2	14.2	PB5.7	11.2
PA3.5	13.4	PA6.10	10.9	PB2.3	13.3	PB5.8	15.2
PA3.6	15	PA6.11	20.5	PB2.4	13.5	PB5.9	15.1
PA3.7	14.6	PA6.12	17.5	PB2.5	13.9	PB5.10	14.2
PA3.8	13.6	PA7.1	14.2	PB2.6	12.9	PB5.11	12.5
PA3.9	15.2	PA7.2	13.3	PB2.7	11.5	PB5.12	13.9
PA3.10	9.7	PA7.3	12.6	PB2.8	9.3	PB6.1	12.5
PA3.11	14.3	PA7.4	8.42	PB2.9	13.1	PB6.2	7.9
PA3.12	14.3	PA7.5	11.3	PB2.10	14.2	PB6.3	14.2
PA4.1	19.5	PA7.6	12.6	PB2.11	13.1	PB6.4	12.4
PA4.2	15.4	PA7.7	13.9	PB2.12	19.1	PB6.5	12.1
PA4.3	16.9	PA7.8	13.9	PB3.1	11.4	PB6.6	10.3
PA4.4	13.4	PA7.9	15.9	PB3.2	12.8	PB6.7	14.3
PA4.5	16.4	PA7.10	15.1	PB3.3	10.8	PB6.8	11.9

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PB6.9	12.7	PC2.6	12.2	PC6.3	13.4	PD1.12	15.1
PB6.10	10	PC2.7	15.7	PC6.4	13.1	PD2.1	13.3
PB6.11	14.6	PC2.8	11.2	PC6.5	16.1	PD2.2	14.7
PB6.12	12.8	PC2.9	11.2	PC6.6	14.3	PD2.3	13.9
PB7.1	16.6	PC2.10	13.3	PC6.7	14.7	PD2.4	12.1
PB7.2	14.7	PC2.11	11.4	PC6.8	14.7	PD2.5	13.3
PB7.3	13.7	PC2.12	12.7	PC6.9	14.1	PD2.6	13.3
PB7.4	14.3	PC3.1	10.6	PC6.10	13.2	PD2.7	14.4
PB7.5	14.7	PC3.2	10.8	PC6.11	15.9	PD2.8	14.5
PB7.6	15.3	PC3.3	11.9	PC6.12	13.6	PD2.9	13.6
PB7.7	11.9	PC3.4	12.6	PC7.1	13.8	PD2.10	13.6
PB7.8	17.5	PC3.5	12.2	PC7.2	13	PD2.11	14.2
PB7.9	24.1	PC3.6	12.1	PC7.3	11.1	PD2.12	15.2
PB7.10	15.8	PC3.7	13.1	PC7.4	13.4	PD3.1	8.5
PB7.11	11	PC3.8	12.8	PC7.5	13	PD3.2	12.3
PB7.12	16.2	PC3.9	13.9	PC7.6	12.1	PD3.3	15.9
PB8.1	14.7	PC3.10	14.5	PC7.7	12.3	PD3.4	12.6
PB8.2	11.3	PC3.11	13.4	PC7.8	15.4	PD3.5	13
PB8.3	14.7	PC3.12	13.6	PC7.9	10.5	PD3.6	13.9
PB8.4	12	PC4.1	13.1	PC7.10	13.9	PD3.7	12.6
PB8.5	13.8	PC4.2	14.6	PC7.11	16.7	PD3.8	13.3
PB8.6	11.6	PC4.3	13.7	PC7.12	14.4	PD3.9	11.4
PB8.7	13.2	PC4.4	11.7	PC8.1	9.3	PD3.10	14.2
PB8.8	12.6	PC4.5	16	PC8.2	14.1	PD3.11	11.1
PB8.9	13	PC4.6	13.8	PC8.3	18.3	PD3.12	14.2
PB8.10	11.4	PC4.7	14.2	PC8.4	12.2	PD4.1	14.2
PB8.11	15.4	PC4.8	13	PC8.5	16.1	PD4.2	15.3
PB8.12	12.3	PC4.9	14.7	PC8.6	12.4	PD4.3	12.3
PC1.1	15.7	PC4.10	12.6	PC8.7	15.2	PD4.4	11.6
PC1.2	13	PC4.11	10.5	PC8.8	13.5	PD4.5	11.6
PC1.3	16	PC4.12	12.3	PC8.9	10.1	PD4.6	13.3
PC1.4	13.4	PC5.1	11.5	PC8.10	14.2	PD4.7	12.8
PC1.5	13.4	PC5.2	12.9	PC8.11	14	PD4.8	13.3
PC1.6	14.4	PC5.3	12.6	PC8.12	14.1	PD4.9	14.4
PC1.7	13	PC5.4	14.1	PD1.1	14.5	PD4.10	11.4
PC1.8	13.7	PC5.5	12.6	PD1.2	15.2	PD4.11	12.1
PC1.9	11.5	PC5.6	13.6	PD1.3	9.5	PD4.12	14.1
PC1.10	14.2	PC5.7	14.4	PD1.4	10.5	PD5.1	13.3
PC1.11	13.6	PC5.8	13.2	PD1.5	10.8	PD5.2	12.2
PC1.12	11.2	PC5.9	11.7	PD1.6	12.1	PD5.3	12.6
PC2.1	16.5	PC5.10	14.2	PD1.7	14.5	PD5.4	16.8
PC2.2	15.7	PC5.11	13.4	PD1.8	11	PD5.5	11.5
PC2.3	12.7	PC5.12	13.4	PD1.9	11.3	PD5.6	11.7
PC2.4	13.7	PC6.1	12.6	PD1.10	13.7	PD5.7	11.9
PC2.5	12.6	PC6.2	14.7	PD1.11	11.8	PD5.8	13.6

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PD6.2	12.7	
PD6.3	15.2	
PD6.4	12.1	
PD6.5	12.9	
PD6.6	12.9	
PD6.7	9.69	
PD6.8	11.5	
PD6.9	13	
PD6.10	11.8	
PD6.11	13.7	
PD6.12	14.7	
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PD7.2	9.56	
PD7.3	13.1	
PD7.4	14	
PD7.5	10.1	
PD7.6	17.1	
PD7.7	11.5	
PD7.8	13.3	
PD7.9	12.5	
PD7.10	15.2	
PD7.11	13.3	
PD7.12	15.9	
PD8.1	10.2	
PD8.2	16.2	
PD8.3	14.9	
PD8.4	12.5	
PD8.5	10.6	
PD8.6	11.9	
PD8.7	11.2	
PD8.8	10.8	
PD8.9	13.5	
PD8.10	13.3	
PD8.11	10.2	
PD8.12	14.8	